

A Wesleyan Covenant Prayer

I am no longer my own, but yours.
Put me to what you will, place me with whom you will.
Put me to doing, put me to suffering.
Let me be put to work for you or set aside for you,
Praised for you or criticized for you. Let me be full, let me be empty.
Let me have all things, let me have nothing.
I freely and fully surrender all things to your glory and service.
And now, O wonderful and holy God,
Creator, Redeemer, and Sustainer,
 you are mine, and I am yours. So be it.
And the covenant which I have made on earth,
Let it also be made in heaven. Amen.

The General Rules for Methodists

These three simple rules for living have guided Methodist Christians for nearly 300 years. Let them guide your daily life:

1. Avoid evil of every kind
2. Do good of every kind
3. Practice the spiritual disciplines

The spiritual disciplines include attending worship, Scripture reading, Holy Communion, prayer, fasting and participating in small groups.