

Connecting with God: The Lord's Prayer

Part 1: THE PRAYER OF CONNECTION

Matthew 6:9 *Our Father who art in heaven hallowed be your name.*

- Exploding stereo type of God – Father, Intimacy – “abba”
- Old Testament = 7; New Testament = 150+ “approachability”

Part 2: THE PRAYER OF SURRENDER

Matthew 6:10 *Thy kingdom come, thy will be done ...*

- Bottom line: God, you're in charge. White flag of surrender

Part 3: THE PRAYER OF DEPENDENCE

Matthew 6:11 *Give us today our daily bread.*

- Depending on God means seeing God as the source of my daily needs.
- Who is the source of your life? – Trusting God – Sharing – “our”

Part 4 - THE PRAYER OF CLEANSING

Matthew 6:12 *And forgive us our trespasses, as we forgive those who trespass against us.*

- Five Steps of Cleansing: Review, Repent, Receive, Give, Repeat

THE PRAYER OF DELIVERANCE

Matthew 6:13: *Lead us not into temptation but deliver us from evil.*

1. I must identify what makes me _____.
 - A. _____ am I most tempted?
 - B. _____ am I most tempted?
 - C. _____ is with me when I'm most tempted?
 - D. _____ temporary benefit do I receive if I give in to the temptation?
2. Plan to _____.

Proverbs 4:26-27 *Plan carefully what you do. Avoid evil. Walk straight ahead. Don't go one step off the right way.*
3. I _____ my heart.

James 1:14 *We are tempted by our own desires that drag us off and trap us. It is inside you, out of a person's heart come evil thoughts, sexual immorality, theft, the desire to kill people, adultery, greed, wickedness, lust, envy, slander, arrogance, and foolishness. All these vile things come from not outside, but inside."*
4. Pray for _____.

"Lead us not into temptation but deliver us from evil."

The Prayer of Deliverance is often just one word: _____!

SPIRITUAL X-RAY OF YOUR HEART

1. Do you feel more physically exhausted or do you feel more energetic?
0 1 2 3 4
2. Are you more discouraged and cynical about your life or are you more encouraged and hopeful?
0 1 2 3 4
3. Are you feeling bored and dissatisfied with your life or are you feeling challenged and satisfied?
0 1 2 3 4
4. Do you feel spiritually empty or do you feel spiritually alive and really growing?
0 1 2 3 4
5. Are you feeling more alone and distant from others or are you feeling close to those you love?
0 1 2 3 4
6. Do you feel more insecure or unsure about yourself or are you feeling confident and secure?
0 1 2 3 4
7. Are you feeling wounded or do you feel loved and understood?
0 1 2 3 4
8. Do you feel angry about something that's happened in your past or are you feeling that you have really forgiven everybody in your life?
0 1 2 3 4
9. Are you feeling more sad these days or are you feeling more happy?
0 1 2 3 4
10. Are you feeling more like a failure or like you have succeeded in life?
0 1 2 3 4

Count up the numbers and write your score at the bottom.

- 30-40 If your total is thirty to forty, you're in good shape and you're going to be much more resistant to temptation than most people.
- 20-30 If you have between twenty to thirty points, the yellow lights are flashing in your life right now. You need to be aware that you are being set up for a fall.
- <20 If your score is less than twenty points, you may be in crisis and you don't even know it. Consider an appointment with a counselor – through WeCare or elsewhere.

HOW LONG HAVE YOU BEEN AT THIS LEVEL?